



Webinar length – 1 hour

1.0 CE credit available

See [www.misophoniainstitute.org/recog-miso-class](http://www.misophoniainstitute.org/recog-miso-class) for details.

Misophonia is a common condition where a person experiences a specific innocuous stimulus (e.g. chewing sound) and has an extreme response (e.g. anger/disgust). Prevalence of misophonia is 10-15% in adults, and median age of onset is 8-11 years. Misophonia is not in the DSM or ICD.

This class is for clinicians, teachers, counselors, and others who work in a public service capacity. It will teach the unique characteristics of misophonia to help you distinguish it from other anxiety, anger, behavioral, compulsive, and sensory conditions.

At the conclusion of the program, you should be able to:

- List several typical misophonic trigger stimuli
- Identify behavioral responses of a person with misophonia
- List 2 distinguishing characteristics of person with misophonia
- List 2 common management techniques

Misophonia Institute is a nonprofit focused on misophonia awareness and research.



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